

## Constitution Day

Constitution Day was celebrated in MKSSS Sitabai Nargundkar college of Nursing for Women's Nagpur. The celebration started with the lighting lamp by all the teaching and non-teaching staff. The program was arranged by students of Basic B.Sc. Nursing 3rd semester and enlighten everyone with the importance of constitution day. The Constitution day is also known as Law Day. Our Constitution is beacon of hope, a symbol of unity in diversity, and a guarantee of our fundamental rights. It is the day to honor not just a piece of paper but very essence of our identity as Indians. Dr. B. R. Ambedkar and the framers of our constitution toiled hard to create a frame work that would guide us toward progress. At the end of program, the pledge of constitution day was taken by all the staff and students.



## Death Anniversary of Baya Karve

On 29 November 2023

73rd Death Anniversary of Baya Karve, the program was organized in MKSSS Sitabai Nargundkar College of Nursing for Women's Nagpur.

Baya Karve wife of Maharishi Karve also known as Anandibai is the woman who despite, being neglected by the society as a child widow and later as a remarried woman, lived her own life without any compulsion.

The program started with the lighting lamp by all the teaching and non-teaching staff.

The program was arranged by students of 3rd semester.

The Anchorer for the Program was Prachi Bhojar from 3rd semester also She gave brief knowledge about great Baya Karve.

We are very proud to be associated with such great Institute which is committed to women education and empowerment.



## Diksha Arambha Program

Diksha Arambha Program was organised in MKSSS SNCON from 17 -10-23 to 19-10-23 by Reena Shelare and Takshasheela Meshram for 1st semester students. Under the guidance of Dr.Rupa Verma mam.

It was a programme of 3 days out of which 2 days completed.

On the 1st day of this session Ms.Pallavi Bobde mam and Ms. Abhilasha Shambharkar mam had taken a session for the students on the topic of Ice breaking session. Ms.Priyanka Gujar mam had taken the 2nd session on the topic of Futuristic Nursing. The 3rd topic was Orientation of syllabus by Ms.Reena Shelare and the 4th session was taken by Ms.Achal Bankar on topic Communication and Technical Advancement.

On the 2nd day, the 1st topic was Developing emotional intelligence by Mrs. Vandana Thangvel mam.

2nd session was taken by Ms.Nancy mam on the topic of Code of ethics and etiquettes. The 3rd session was taken by Ms.Pallavi Kale mam on the topic of Healthy life style for successful career. The 4th session done by Ms.Petricia Reddy mam on the topic Hospital orientation.

Inauguration was done by our respected guest Speaker Shree Shrikant ji Gadge sir along with Dr.Rupa Verma mam ,Mrs.Vandana Thangvel mam and teachers staff.

And, last session was done by Shree Shrikantji Chitle sir on the topic of Concept of seva in Bhartiya Sanskruti and after that a speech was delivered by Dr. Rupa Verma Principal of MKSSS SNCON .

Also college has organized valedictory Programme for the 1st semester Basic.B.sc nursing on date 19 -10-23.

[Vandana Swaran Thangavel](#) , HOD of Mental health department Delivered the address note and other Faculty were also present.

Ms. Reena Shelare and Ms. Takshasheela Meshram mam organized the program, along with various sessions taken by faculty members.

A vote of thanks was delivered by Ms. kajal Ghate.



# Filariasis Day

community health Nursing faculty in collaboration with Primary health care center Raipur, Hingna organised a Filariasis awareness programme in Somalwar school, Waddhamna, Nagpur on date 25/08/2023 where students of Basic BSC Nursing 3rd year performed a skit and distributed medicines under the supervision Mr. Sheshrao Randai (HA, Supervisor PHC, Raipur, Hingna) and community health Nursing faculty. About 800- 1000 students from nursery to 10th grade were benefitted with the service

On 5th September under community department with the collaboration of Raipur Hingna PHC and their Staff Mr.Manoj Golith organised Small Health Camp of Filariasis tablet distribution for our Students and staff . Approximately 200 staff and students took this tablet .





# Garba Night

Let the light of Durga guide us through the darkness and lead us to victory" On 21st October 2023, MKSSS SITABAI NARGUNDKAR COLLEGE OF NURSING FOR WOMEN, NAGPUR Organized Garba Night which was celebrated as the title of UMANG 2023 with collaboration of Cummins College of engineering for women, Nagpur . Group garba dance was performed by Mksss Nursing, engineering and Fashion College of Nagpur. Ms. Smita Moon, HOD MSN dept, was awarded with the title of Best outfit 2023 by Mrs. Vandana S Thangavel. All the students did garba and had fun at the Cummins grounds and the night ended with having dinner together as a family. The celebration was under the guidance of Dr. Rupa Verma (principal of Mksss SNCON ) and Dr. Milind Khanapurkar (principal of CCOE).



## JANMASHTAMI CELEBRATION

On the auspicious occasion of the birth anniversary of Lord Krishna which is marked as Janmashthami , MKSSS Sitabai Nargundkar College of Nursing for Women in collaboration with Cummins college of engineering for women celebrated Janmashthami on 9th September, 2023 with lots of joy and happiness. Dahi Handi competition took place in the ground of Cummins College, where the participants were Team Nursing and Team Engineering . Team Nursing girls won the competition within 30 seconds. Various activities were held which included group dance performances from both the college . All the teaching staffs were present to encourage students and to be a part of the celebration. The celebration took place under the guidance of Dr. Rupa Verma (principal of MKSSS SNCON) and Dr. Milind Khanapurkar ( principal of CCOE)



# Lamplighting Ceremony

Maharshi Karve Stree Shikshan Samstha's Sitabai Nargundkar College Of Nursing For Women Organized 16th Lamplighting Ceremony for Basic B.Sc Nursing Students On Date:-11/08/23





## Breastfeeding Week

Breastfeeding Week 2023:

Theme: Let's make breastfeeding and work, work

Day 3: 4th August 2023.

on the 4th day of breastfeeding week, Mksss Sitabai Nargundkar college of Nursing for women, Nagpur has arranged a program at Metro Station Burdi. The program was started with facilitation of Metro Team members and A skit play was performed by the students of Basic B.Sc. Nursing 3rd Year, where they highlighted the importance of breastfeeding in office campus, under Maternal Benefit Act 1961, where mothers can breastfeed their babies at office campus as well.

Day 2: 2nd August 2023.

Today on the 2nd day of breastfeeding week, Mksss Sitabai Nargundkar college of Nursing for women, Nagpur has arranged a workstation program at 12.00pm in the campus. Where students of 3year Basic B.Sc. Nursing presented various procedures through effective A.V. aids like Breastfeeding Techniques, Kangaroo Mother Care, Breast Encouragement.

Day 1: 1st August 2023.

Today on the 1st day of breastfeeding week, Mksss Sitabai Nargundkar college of Nursing in collaboration with omega hospital, celebrated the 1st day of the week.

Program was organised at omega hospital, nagpur at 9.30 am, where Dr. Chaitanya Shembekar, Dr. Manisha Shembekar and a team of omega hospital guided us for the event.

It was started with an inauguration program, where our respected principal Dr. Rupa Verma, thanked the team of omega hospital and highlighted why breastfeeding week is celebrated every year.

A rally was organized from omega hospital, where students and staff propoganda the importance of breastfeeding.





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GPS Map Camera

Nagpur, Maharashtra, India

43RJ+MXJ, Sitabuldi, Nagpur, Maharashtra 440012, India

Lat 21.141698°

Long 79.082381°

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Google



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Sukali, Maharashtra, India

Mihan Road, Opposite Cummins Women's engineering Collage, Sukali, Maharashtra 441110, India

Lat 21.066478°

Long 78.983815°

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# World Population Day

Mksss Sitabai Nargundkar college of Nursing for women Nagpur, Under community department celebrated \*World Population Day on date 11 July 2023. At seminar Hall\* Ms.Rama Danapure mam gave information regarding world population day, overpopulation effect on environment,health, society, their control and gender equality on 1st semester Basic Bsc Nursing. This year Theme is " Unleashing the power of gender equality: Uplifting the voices of women and girls to unlock our world's infinite possibilities.

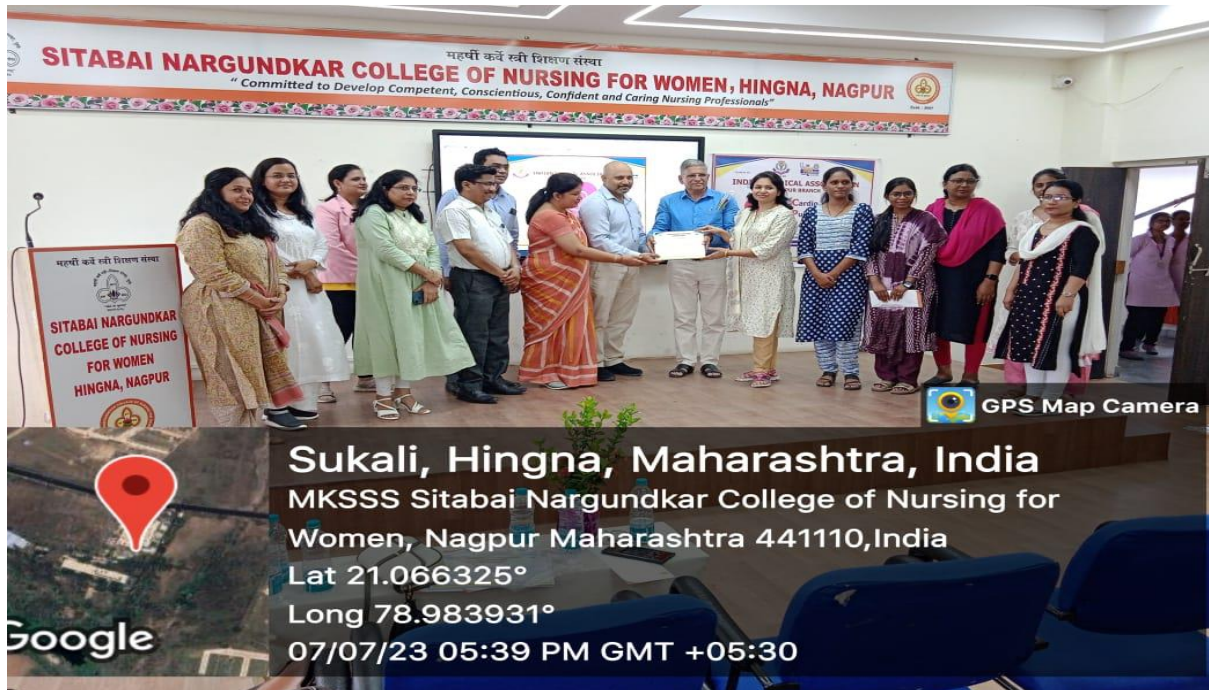


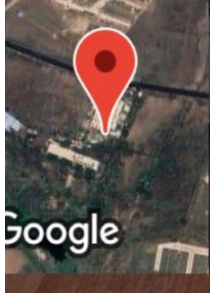
## Basic Life Support Session

Maharishi Karve Stree Shikshan Samstha's Sitabai Nargunkar College of Nursing for Women, Nagpur has arranged a Basic life support session on 07 July 2023 under Indian Medical Association, Nagpur.

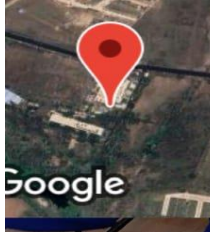
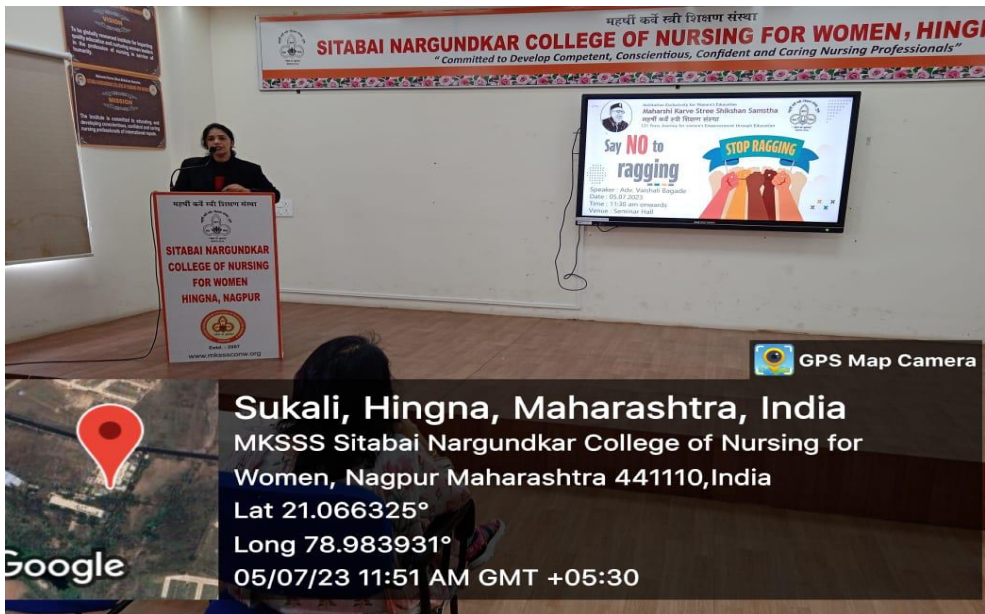
Ms. Smita Moon HOD, Medical Surgical Nursing department carried the programme. It was started by lighting the lamp with all dignitaries from IMA, Principal & LMC members of College. Dr. Kamalakar Pawar (hon. secretary, IMA Nagpur) took theory session on Basic life support followed by "Hands on Practice." Dr. Charu Baheti (Executive member, IMA Nagpur) talk on Gender sensitization. Dr. Rupa Verma Principal MKSSS SNCON addressed the gathering.

Dr. Manjusha Giri and IMA team, principal Dr. Rupa Verma, Shri Shrinkat Chitale was present throughout the program. All staff and students actively participated in the workshop. The session was organised by MSN Dept. under the guidance of Principal. It was ended with a vote of thanks by Ms. Pratiksha Thakare Faculty of MSN Dept.





Sukali, Hingna, Maharashtra, India  
MKSSS Sitabai Nargundkar College of Nursing for Women, Nagpur Maharashtra 441110, India  
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Long 78.983931°  
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Sukali, Hingna, Maharashtra, India  
MKSSS Sitabai Nargundkar College of Nursing for Women, Nagpur Maharashtra 441110, India  
Lat 21.066325°  
Long 78.983931°  
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# GURUPURNIMA

On the occasion of GURUPURNIMA, 3July 2023, Mksss Sitabai Nargundkar college of Nursing for women, Nagpur had arranged a program for all our respected staff. Guest of honour for today's program was Shri. Shrikanth Chitade sir, Shri Shrikant Gadge sir and our respected principal Dr. Rupa Verma mam. Students from 2nd semester, Ms. Vaishnavi and Ms. Sneha has started the program by anchoring. Every teacher was facilitated by rose buds. Ms. Rashmita Pachare gave a speech on how gurupurnima celebration was started, Ms. Vaishnavi Karkade said a beautiful poem on guru, our respected teachers. The program was ended with a vote of thanks by Ms. Sakshi Shende.



## International Yoga Day

On the occasion of International Yoga Day 21 June 23. International Yoga day was observed with 70 students and faculty in the college premises. The theme Yoga for Vasudeva Kutumbakam was told. Basic information about Yog shastra and different yoga poses along with Surya namaskar and pranayam were demonstrated by Certified yoga instructor D. T. Kulkarni & Sh. Wasudeo paripagar .



## Birth Anniversary of Baya Karve

celebrated the 159th Birth Anniversary of Baya Karve on 5th June.

Student of B. B. Sc. 4th Yr Ms. Lakshmi Waghmare highlighted the journey of Baya Karve and asharam Geet was sung by everyone present there.

At the end, everyone offered flowers to Baya karve's photo.







# World Environment Day

Under NSS ,Eco Green Club and Community Department celebrate World Environment Day - 5 June 2023.

"One of the best gifts we can give future generations are trees."

Keeping this in mind -We Celebrated World Environment Day by planting trees.



## No Tobacco Day

Mksss Sitabai Nargundkar College of Nursing for women Nagpur, celebrated No Tobacco Day programme on 31st May 2023 with 2nd year basic bsc, Basic B.Sc. 4th year And Post Basic B.Sc. Nursing students in the community area. Our students give the health education to the labour and explained about side effects of the tobacco like chewing tobacco can cause mouth cancer, tooth loss, brown teeth, white patches and gum disease. The activity was conducted under the guidance of the Community department.



## INTERNATIONAL NURSES DAY

Maharishi Karve Stree shikshan samsthans Sitabai Nargundkar college of nursing for women in collaboration with omega hospital and Om charitable trust celebrated international nurses day on date 12 may 2023 with theme of the year “our nurses, our future”. We celebrated this day with the theme of Nurses have got talent where there was active participation of student nurses, staff nurses and faculty members and admin office as well.



## BIRTH ANNIVERSARY OF MAHARSHI DHONDO KESHAV KARVE

“Great leaders don’t set out to be leaders, they set out to make a difference, it’s never about the role, it’s always about the goals”.

Sitabai Nargunkar College of Nursing for Women of Maharishi Karve Stree Shikshan Sanstha, Nagpur arranged a programme on the birth anniversary of Dhondo Keshav Karve, also known as Maharishi Karve on 18th of April 2023. Dhondo, who imbibed his mother's teachings as a child, is famous for dedicating his entire life to the cause of women's empowerment.

On this special occasion Ms. Sneha Pingle started the programme by highlighting his achievements over years, followed by Ashramgeet and his biography video. Everyone offered a flower to his effigy. He is a great social reformer in India in the field of women’s welfare. He is also noted for supporting the education of women and remarriages of Hindu widows. Sir has founded Hindu widow’s home association in 1896, Pune and also set up the first women university in India in 1916. He was awarded Bharat Ratna in 1958.

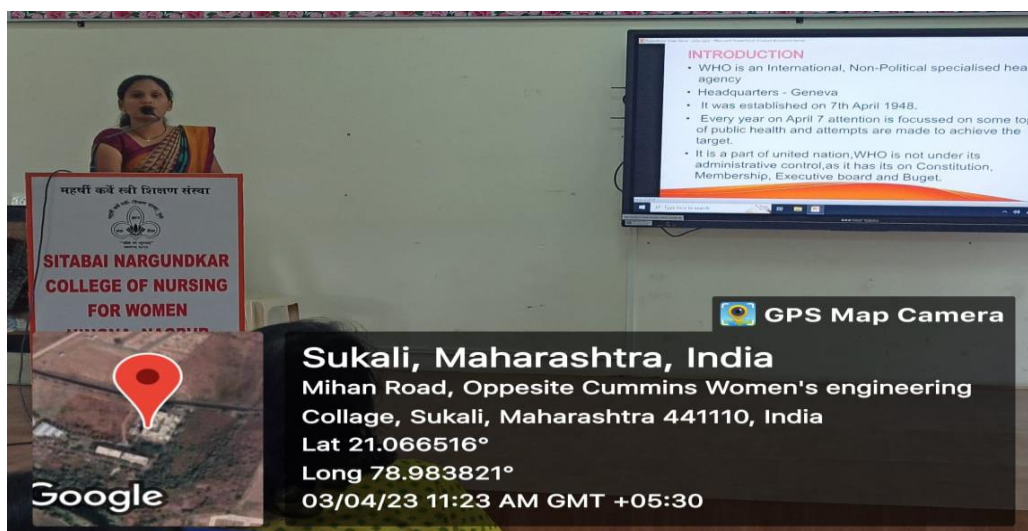


## World Health Day

On the occasion of World Health Day, Medical Surgical Department of Sitabai Nargundkar College of Nursing for Women, Nagpur, celebrated 'World Health Week' by organising a series of events from 3rd April 2023 to 7th April 2023. The theme of this celebration was "Health for All". The primary objective of the programme was to make the students, staff and public at large aware about the need of taking care of one's health. Ms. Priyanka Gujar, Lecturer of SNCON formally opened the session of WHO followed by a Power Point presentation on "Different aspects on Health".

Final year students given Health Education in various hospitals like Omega and New Era hospital. Ms. Bharti Pendam Yoga teacher gave a lesson on all physical activities including Yoga, Aerobics, Walking & Brisk walking. Symposium titled "Holistic Health Care" also organised. Dr. Manjusha Giri (Pediatric Neurologist) and Dr. Manjusha Dhobale (Medical Officer at RHTC, Saoner) was speaker for Valedictory programme. They very nicely explained about Prevention and Promotion Aspects of Health. Students participated in World Health Day Rally which was organised by MUHS. Shri. Shrikant Chitale LMC Chairperson also shown his valuable presence for valedictory session.

The overall program was organized by Ms. Priyanka Gujar and Faculty of MSN Department under the guidance of Principal Dr. Rupa Verma. The program was hosted by Ms. Deepali Tayde and vote of thanks given by Ms. Pratiksha Thakare.



## World Autism Awareness Day

On the occasion of World Autism Awareness Day 2023, MKSSS, SNCON, NAGPUR had organised world autism awareness day on theme 2023 - Transforming the Narrative: Contribution at home, at work, in the art and in policy Making on date 4th April 2023. The speaker was Dr. Ashish kuthe, MD psychiatrist at Regional Mental Hospital, Nagpur. Sir gives a brief information about the Atusim, how it's developed what are the symptoms and how to manage Autistic Child. Also organised skit competition, B.Sc. Nursing students and post B.Sc. Nursing students had participated in the skit competition. The competition was judged by Ms. Rama Danapure Associate Professor Community Health Department and Ms. Nirwani Chaudhari Clinical Instructor (Actor). Amigo group secure a 1st prize in the group skit and Ms. Rashi Meshram secure a 1st prize in solo skit competition. The students were guided by The Mental Health Department.



## World Tuberculosis Day

Mksss Sitabai Nargundkar college of Nursing for women Nagpur with collaboration of PHC urban area manewada celebrated world tuberculosis day on date 24/ mar / 2023. On this occasion students of our college participated in rally to create awareness about Tuberculosis . In this program Dr. Deepak kumar medical officer along with PHC staff joined us 2023. And at Hingna Raipur PHC students of final year started rally from hingna bus stop vai hingna grampanchayat vai Raipur PHC. After that students gather community people and perform skit on TB disease and provide health education. MO of Raipur PHC Dr. Deepali Bhatariya appreciate our students and look forward for more activities in future. Activities done under the faculty of community health department.

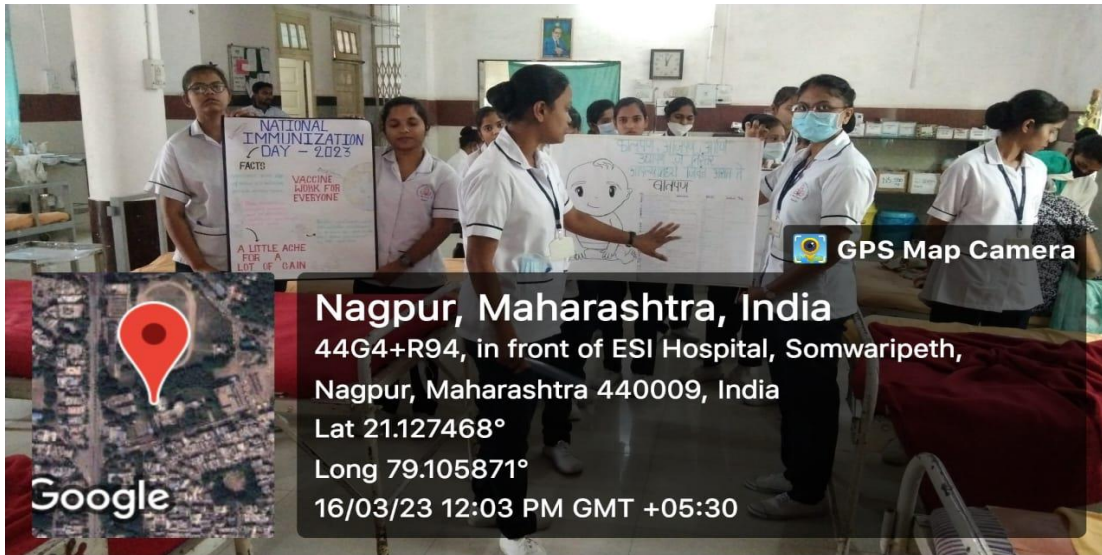
Ms. Pallavi Khobragade  
Ms. Nirwani Chaudhari






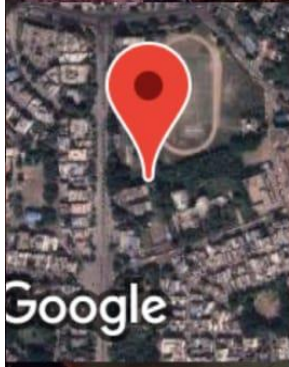
## National Vaccination Day

MKSSS, Sitabai Nargundkar college of Nursing, Nagpur, ,Celebrated National Vaccination Day at ESIS hospital Nagpur on date 16 March 2023 .On this occasion students of 2nd semester health educate regarding vaccinations, important ,types of vaccinations, prevention about diseases.





 GPS Map Camera



**Nagpur, Maharashtra, India**

44G4+X5W, Krida Chowk, Somwaripeth, Nagpur,

Maharashtra 440009, India

Lat 21.127702°

Long 79.105548°

16/03/23 12:09 PM GMT +05:30

## **Ananya**

On day 4 of Ananya to 2k23 that is on 4th March 2023 dance competition was organised which is an art of sequence of body movements with aesthetics. A dance which is created through movements poses a rhythmical pattern and fluid motions which allure the audience. Our students have come through all with so much devotion and mind blowing performance their hard work has paid off and stood 1st and 2nd rank in dance competition. The program accompanied the function, where our principal Dr. Rupa Verma mam read annual report of all college and achievements of our students and faculty. Lately the most awaited moment came and Miss. Annanya 2k23 was announced. Our PBBsc student Ms.Sushmita Shende and Basic Bsc student Ms. Shruti Wankhede came up with the victory of achieving miss. Annanya award. The programme ended with dinner and Dj night . Ananya 2k23 that is 3rd march 2023 students actively participated in Talent Show, solo singing and group singing competition. Talents Such as on time sketching, comedy acts , poetry and many more. our students stood first and second in Talent Show.

The human voice is the organ of the soul and the voice with rhythm is singing. Our students with pronounced soul activity participated in singing competition. with massive talent our participants heated up the stage. Our students accolade with 2nd prize in singing competition. The program was followed by faculty dance performance and fashion show. what an admirable dance performance they have given they just lighted up the stage. Followed by a fashion show where every staff member came out with their walks. Our beloved principal mam step-in on stage which added bonus to the show our students have participated in skit competition and fashion show competition.

Skit, which grabs the attention and identifies the characters, our students have come through all and won 1st prize in skit competition and achieved the honour.

Another most fascinating event that is fashion show students of sitabai nargundkar College of Nursing have given their heart out. With graceful walks, creative clothing, attractive props and with all enthusiasm they stood 1st in the race and Honoured their victory. The winners "Power Angles" with theme Angle and Devil grabs everyone attention and heated up the stage. Another group "met gala" also shimmered their talent on stage and thrilled everyone.







## “DIKSHA ARAMBH ORIENTATION PROGRAM

Maharshi Karve Stree Shikshan Samsthan's Sitabai Nargundkar College of Nursing for Women Nagpur organized “DIKSHA ARAMBH ORIENTATION PROGRAM” for 1st Semester Basic B.sc Nursing students. The Program which was held in college campus on 6 February 2023 to 9 February 2023 was organized as per with a firm purpose to introduce the students to an experience that not only makes them comfortable in an all-new environment but also helps your overall development. The programme was started under the guidance of our Organizing Chairperson, Dr. Rupa Verma and Organizing Secretary Mrs. Vandana Thangavel. All Four days were made successful with interactive sessions by our eminent speakers.



# Leprosy Prevention

Mksss, Sitabai Nargundkar college of nursing, Nagpur, from community health nursing department Celebrated World leprosy day at urban area manewada on date 2 Feb 2023 along with Teachers. On this occasion students of 4th Yr. Basic B. SC. Nursing and 2nd yr. Post Basic B. SC Nursing organized activities in community. Students performed skit on leprosy prevention and treatment and also organized Rally to create awareness about leprosy among people. In this , Medical officer of uphc manewada Dr.Deepak kavar, Dr. Kranti B yadav JR1 community medicine GMCH Nagpur interns of GMCH sakshi chavhan, senior sister, ASHA workers and all staff joined us and also appreciated students for their activity. community health nursing department with collaboration of RHTC saoner Celerated World leprosy day at Rural area saoner on date 1 Feb 2023. On this occasion students of 4th Yr. Basic B. SC. Nursing and 2nd yr. Post Basic B. SC Nursing organized activities in community. Students performed skit on leprosy prevention and treatment and also organized Rally to creat awariness about leprosy among people. In this Dr. Dhobde, Medical officer RHTC Saoner, Mr. Atul Pardhi, incharge of leprosy department RHTC saoner, Metron and all staff of RHTC saoner joined us and also appreciated students for their activity.







**Saoner, Maharashtra, India**


Baswar Cplx Nagpur Rd, opp. Nehru Mkt, Saoner,

Maharashtra 441107, India

Lat 21.38572°

Long 78.921656°

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## MARATHI DIWAS

To achieve great things, two things are needed: a plan, and not quite enough time.❖

Mksss, Sitabai Nargundkar college of Nursing for Women Nagpur Organised Two days Intercollegiate events, From 27th Feb 2023 to 28th Feb 2023. The Marathi Bhasha Divas and events for 1st day the best mendi, hairstyle competition, make over, and salad decoration.

On day 2nd 28 Feb 2023 the competition was on best microteaching by students, Students participated with great enthusiasm. It proved to be very beneficial for everyone as topics taken by participants were very unique and knowledgeable. The college feast (Fete) was coordinated in which most of students cooked delicious food items. The over all program hosted by Ms. Sneha Pingale and Ms. Priyanka Gujar under guidance of Principal Dr. Rupa Verma. The rewards to the 1st and 2nd winners of all competitions were distributed by chief guest Mr. Shrikant Chitale Sir and Mr. shrikant Gadage sir .



## Republic Day


74th Republic Day was celebrated at Maharshi karve stree shikshan Samsthas SNCON for women, Nagpur on 26th of January 2023, where the program started with welcoming our chief guest Dr. Sanjay Ugemuge sir and Shri. Shrikant Chitale Sir.

Guests Offered flowers to Bharat Mata. Program began with Flag Hosting and National Anthem. Later on Dr. Ugemuge sir enlightened us with his beautiful words. Shri. Shrikant Chitale Sir sang a Deshbhakti Geet with all new words. Patriotic song by Nursing Students was sung. Later on program was concluded with a Vote of Thanks.

Lastly Shri. Shrikant Chitale Sir sang vande matram song and all of us followed him.





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**Sukli, Maharashtra, India**

3X8H+7CR, MKSSS Sitabai nargundkar  
college Sukli, Maharashtra 441110, India

Lat 21.066479°

Long 78.980015°

26/01/23 08:41 AM GMT +05:30

## Lamp Lighting Ceremony

Maharshi Karve Stree Sikshan Samstha's Sitabai Nargundkar College of Nursing For Women Nagpur organized Lamp Lighting Ceremony "15th batch of Basic Bsc.Nursing and Graduation Ceremony 11th batch and 12th batch of Basic Bsc.Nursing and 5th and 6th batch of Post Basic BSc.Nursing on the date 21/01/2023





## National Youth Day


On 12th of January 2023!!

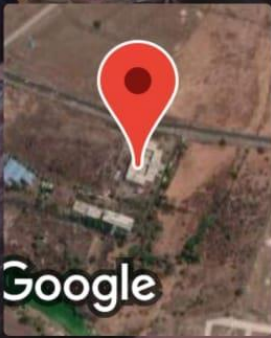
On the occasion of National Youth Day and Swami Vivekananda Jayanti, Our guest of honour Mrs. Meera Arvind Kadbe joined us and expressed her experience with us, her words were so mesmerizing.

Following the session Dr. Rupa Verma, Principal enlightened us with "Youth Power" and how youth of India will change the future of our country





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**Sukali, Maharashtra, India**  
Mihan Road, Opposite Cummins Women's engineering  
Collage, Sukali, Maharashtra 441110, India  
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Long 78.983887°  
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## HINDI DIWAS

Language and culture of any country plays an important role in making people-to connect with the other people and helps in making a strong nation. Hindi is a language of love, togetherness and brotherhood. World Hindi diwas is celebrated on 10Jan.

प्रथम विश्व हिन्दी सम्मेलन 10 जनवरी 1975 को नागपुर में आयोजित हुआ था। इसीलिए इस दिन को विश्व हिन्दी दिवस के रूप में मनाया जाता है।

Special assembly was held in class where students were encouraged to recite Gayatri Mantra. Thought of the day was also explained in the same language and it was followed by a talk on the importance of Hindi language. Mrs.Vandana Thangavel (HOD MHN Dept) informed the students that Hindi is a very rich language and has made major contributions to the field of literature. Everyone made their sincere efforts to use Hindi as a medium of conversation for the day as Suggested by Principal Dr. Rupa Verma.



## Constitution Day

The constitution is not mere loyars document it is a vehicle of life and it's sprit is always a sprit of age " realising it's importances Mksss sitabai Nargundkar college of Nursing for women, Nagpur celebrated Indian constitution day on 26/11/2022 at seminar hall.



## Newborn week

Mksss Sitabai Nargundkar College Of Nursing For Women, Nagpur's pediatrics nursing department celebrated newborn week from 15 to 21 November on the theme of

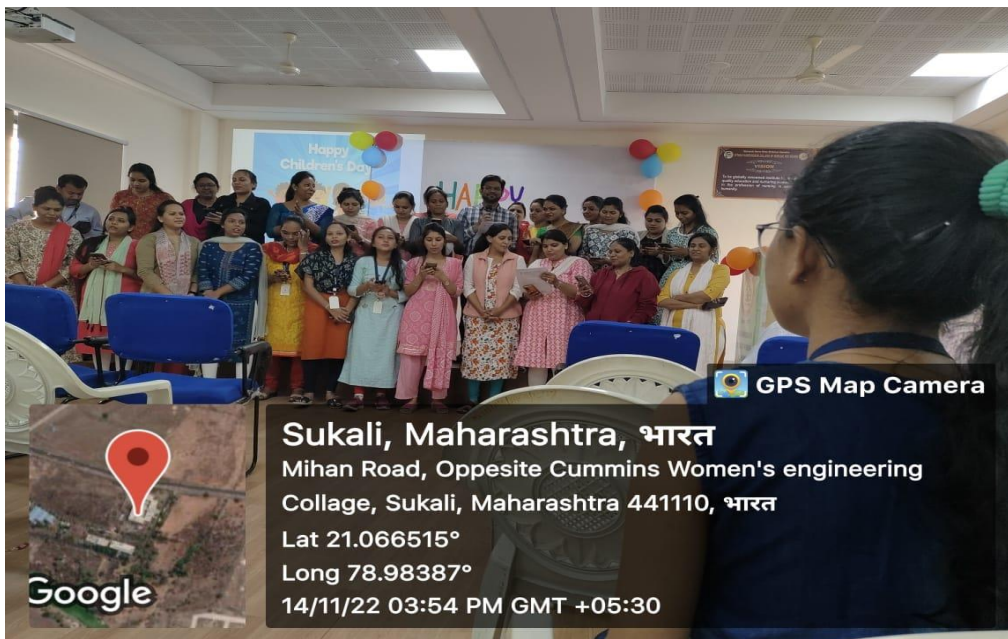
" Home care of newborns in urban areas "



## CHILDRENS DAY

The children of today will make the India of tomorrow. The way we bring them up will determine the future of the country.”

On 14/11/2022 Child Health Department of MKSSS Sitabai Nargundkar College of Nursing for Women organised Children's Day Celebration on the occasion of Birthday of our First Prime Minister of India Pandit Jawaharlal Nehru with an aim to Increase Awareness of the Right, Care and Education of children. The whole Celebration was Organised by Post Basic Bsc. Nursing 1st year students and the Importance of day was addressed by Ms. Nirwani Choudhary. The Speech were given by the students and Dance was performed.



## Death Anniversary of Maharshi Dhondav Keshav Karve

A heartfelt tribute to the great social reformer "Bharat Ratna" Maharshi Dhondo Keshav Karve on the occasion of Punyatithi.

Sitabai Nargundkar College of Nursing Tributes to Maharshi Dhondo Keshav Karve on his Smruti Din. Maharshi Karve dedicated his life for women's rights, education and welfare. SNCON presented Anna Karve with garlands and by lighting the lamp. Everyone is proud and fortunate enough to be associated with such great institute which is committed to women education and empowerment.



# Basic Life Support

MKSSS Sitabai Nargundkar College of Nursing For Women organised a seminar on "Basic life support" on 12 October 2022.

Principal Dr. Rupa Verma felicitated the chief guest Dr. Ritesh Mankar with a sapling and college magazine. Further Dr. Ritesh Mankar sir gave depth knowledge and easy demonstration of BLS to the students. The session was attended by Students of 4th yr Basic BSC Nursing and Students from Post Basic BSC Nursing.

The session was disclosed by Ms. Deepali Tayade (Clinical Instructor) with a vote of thanks. The seminar was conducted and organised by the MSN department under the supervision of Principal Dr. Rupa Verma.



## Mental health day

On the occasion of World Mental Health Day 2022 MKSSS, Sitabai Nargundkar College of Nursing For Women Nagpur organized Inter debate competition on 11th October 2022. The topic selected for the debate competition was " Is Digital World Serving Good for Mental Health?"

The programme was started by the lamp lighting by dignitaries. Mr. Pankaj Wasadkar (Clinical psychologist) from Manas Psychiatric Hospital and Baba Rehabilitation Centre Amravati and Ms. Deblina Roy (Nursing Officer) AIIMS, Nagpur were invited to judge the competition. The theme of Mental Health Day 2022 was inaugurated by Principal Dr. Rupa Verma which was "Make mental health & well-being for all a global priority." Whereas Basic BSC nursing 2nd year students were posted in Urban Primary Health Centre, manewada where they performed skit to raise awareness about the significance of mental wellness. It was done under the guidance Ms. Pallavi Khobragade and Ms. Pradhnya Mendhe (Clinical instructor).



## Swascha Bharat Abhiyaan

Swacchh Bharat is the best guarantee against diseases, best alternative to the preventive health measures is cleanliness."

NSS unit of MKSSS Sitabai Nargundkar college of nursing for women, Nagpur organized cleanliness as part of Swachh Bharat Swasth Bharat Abhiyaan on "Gandhi Jayanti."

Students from 2nd year PB BSC Nursing and 4th year Basic BSC Nursing with teachers participated enthusiastically in swaccha Bharat Abhiyan and Students also promoted tree plantation.

The program was initiated by Ms. Karishma Dhok , Ms. Takshshila Meshram, Ms. Sneha Rathod and the programme co-ordinated by NSS officer Ms. Kiran Kharwar





# GARBA

The Navratri garbha night was celebrated on 01/09/2022 in Maharshi Karve Stree Sikshan Samsthan, Hingna, Nagpur campus.



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## World Heart Day

A healthy heart is the main source of your strength". World Heart Day is observed every year on September 29 to raise awareness about cardiovascular disease and stroke which are the world's leading causes of death. MKSSS Sitabai Nargundkar College of Nursing for Women celebrated the occasion with PEACE FOUNDATION and MAZI METRO Nagpur by spreading awareness among people through rally . Students of 4th year Basic Bsc Nursing with the staff of MSN dept. were a part of a rally with a motto to bring awareness in general public regarding how to keep ourselves healthy in today's digital era which took place near Yashwant Stadium. Students promoted the World Heart Day by delivering Slogans and quotes with enthusiasm at Rally. After rally they went to Sitaburdi Metro Station to perform a skit on the theme of World Heart Day 2022 which was "Cardiovascular Health for Everyone" . Officers of Metro Station were falcitated with the rose bud by the teaching staff of the college. The whole program was organized by the department of Medical Surgical Nursing under the guidance of Principal Dr. Rupa Verma .



## World Suicide Prevention day

World Suicide Prevention day is celebrated annually on 10th September which is organised by the International Association of Suicide Prevention and endorsed by WHO.

MKSSS Sitabai Nargundkar college of nursing for women conducted an awareness programme at college on 10th September for Suicide Prevention in which students of our college performed various activities regarding the theme of the year "Creating hope through action". Students of 1st year performed skit on awareness regarding Suicide Prevention also encouraged everyone by their speeches and slogans. All students participated enthusiastically. The program was conducted by mental health department.

Dr. Rupa Verma (principal of SNCON) enlightened the students with her words.

The overall goal of the day was to raise awareness about Suicide Prevention.

Suicide is a layered, complex issue, it's not simple and we all need to work together .



## SNA ELECTION

Leadership is about making others better as a result of your presence and making sure that the impact lasts in your absence.

Student nurses council election for the year 2022 - 2023 was held at MKSSS Sitabai Nargundkar College Of Nursing for women, Nagpur on date 2/09/2022.

The student body selected for the post are

President :- Ms. Yamini Kosare

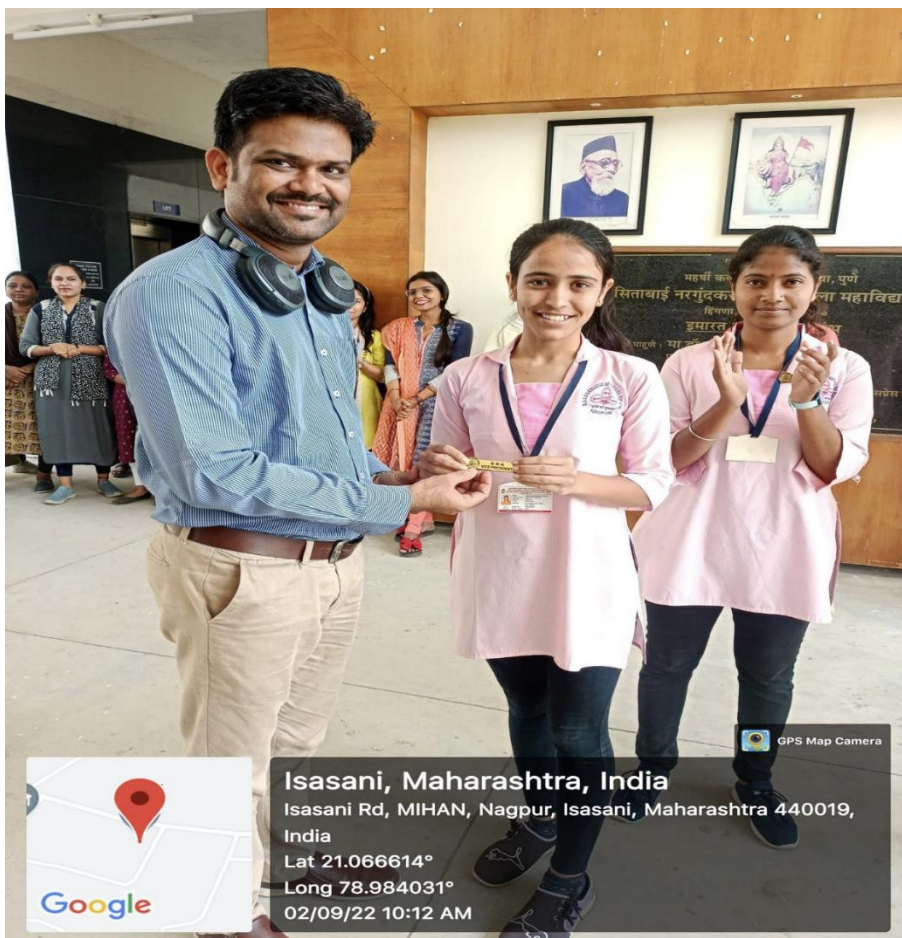
Vice president:- Ms. Tejaswi Chamat

Secretary:- Ms. Akansha Meshram

Treasurer :- Ms. Manisha Sikdar

The election was conducted by Mrs. Sneha Pingle (SNC advisor) under the guidance of Dr. Rupa Verma (Principal of SNCON).

We congratulate all the winners and wish them best for their future.





## Hindi diwas

Promising ourselves to always stand up to honour our mother tongue

MKSSS SNCON for women, Nagpur celebrated Hindi diwas on 14/09/2022, students organised whole assembly in Hindi which involved thought, news, idiom, facts, new word and importance of the day.

Students from 1st year presented a poem on Hindi diwas, also student from 2nd year explained the importance of Hindi Diwas that Hindi is not just a language of any one state but is the most spoken language of the country. According to National Education Policy 2020, our mother tongue needs to be brought trending and influential with respecting the language within everyone living in India





## DIABETES DAY

Diabetes is like a roller coaster, it has its ups and downs, but it's your choice to scream or enjoy the ride

On 11/09/2022 students of MKSSS SNCON for women, Nagpur attended national conference on diabetes organised by Dr. Sunil Gupta, one of the best diabetologist. Students actively participated in many intercollege competitions such as questionnaire, quiz competition and students of basic BSC nursing 2nd year performed skit on awareness of diabetes by being powerful voice to improve education and won the prize.

Ms. Pradnya and Ms. Preeti Nakhrale (clinical instructor of SNCON) supervised the students.







**Nagpur, Maharashtra, India**

43PP+37X, Dhantoli, Nagpur, Maharashtra 440012, India

Lat 21.135135°

Long 79.085652°

11/09/22 03:05 PM GMT +05:30

# SPORTS DAY

To be the best , you must learn how to handle the worst and sports give power , strength .29th August is observed as National Sports Day, the day commemorates the birth anniversary of Major Dhyan Chand , the hockey Wizard of India.

Our college MKSSS Sitabai Nargundkar college of nursing for Women's Hingna Nagpur , organised a program .

Students of Basic bsc nursing 2nd year and 4th year participated in various sports activities such as Kho-Kho , Kabbaddi, Cricket, Relay race with great enthusiasm.

Mrs. Nancy Domingo (Lecturer and Sports Committee Incharge) highlighted the importance of sports in our life. Mr. Bharti Ma'am ( Sports Teacher) encouraged students about sports both indoor and outdoor games. This program was under the guidance of Dr. Rupa Verma (Principal of SNCON).



## Janmashtami

There is always light. If only we are brave enough to see it . If only we are brave enough to be it."

On the occasion of Birth of Lord Krishna , MKSSS Sitabai Nargundkar College of Nursing for women with Cummins college of engineering for women, Nagpur celebrated Krishna Janmashtami on 18 August 2022 with lots of joy and happiness. Dr. Rupa Verma ( Principal SNCON) and Dr. Bharat Bhushan Joshi ( Principal of CCOE) and all the teaching staff and students were present. Various activities were performed by the students which included Group dance , solo dance and singing

Principals of both the college's shared their views on janmashtmi and motivated students. The function came to an end with the Dahi handi event.



## INDEPENDENCE DAY

Carried with care, coated with pride, enclosed with love are the moments of freedom in a shade of joy . 15th August is a red letter day in Indian history and this year that is 2022 , Maharshi Karve Stree Shikshan Samsthan's Sitabai Nargundkar College of Nursing celebrated Independence Day with great pride and respect . The celebration started with the lamp lighting which made the atmosphere pleasant. The chief guest Mr. Nitin Nistane ( a serial entrepreneur, founder and CEO of technology startup agileconnects) with the Principle Dr. Bhushan P. Joshi of Cummis engineering college and all the teaching staff and students did the flag hosting with a grant salute. Everyone present on the campus ground sung The National Anthem with honor and enthusiasm .

Mr. Nitin Nistane ( also a co-founder of infospectrum India pvt. Ltd. in 2000) enlightened students who are the bright future of our Nation with his words and he threw some light on the struggle for the freedom of India. The function came to an end with the beautiful patriotic song which was sung by Mr. Akshay Sandanshiv (teaching staff of MHN dept. of Nursing college) and Mr. Shrikant Chittale ( management committee member) . Sweets were distributed among the students and they felt the warmth of this astonishing occasion. The celebration was held under the guidance of Principal Dr. Rupa Verma.

Independence of our Nation is the independence of each and every citizen and therefore, we must never take it lightly.



# Breastfeeding week

Baby nursing at a mother's breast is an undeniable affirmation of our rootedness in nature. MKSSS Sitabai Nargundkar College of Nursing for women celebrated breastfeeding week from 1 August to 6 August.

Obstetric and Gynecology and Child Health Nursing organized the program. the theme of 2022 which was ' Step Up For Breastfeeding: Educate and Support ' . Various activities and Sessions were conducted which included role play, Rally out, Quiz competition , E-poster competition, slogan competition and PPT presentation throughout the week.

We Congratulate all the Winners. The breastfeeding week was successful under the guidance and Dr. Rupa Verma Principal MKSSS Sitabai Nargundkar College Of Nursing For women.

