

MAHARSHI KARVE STREE SHIKSHAN SAMSTHA'S

SITABAI NARGUNDKAR COLLEGE OF NURSING FOR WOMEN



"ABHIVYAKT"

The Expression

PrasliK Inge

MAGAZINE COMMITTEE Student Heads



Ms. Pooja Radke



Ms. Shraddha Neware



Ms. Harshita Manihar



Ms. Rashi Meshram



Ms. Sharvari Mate

Ms. Muskan P. Netke
PRESIDENT, Student Nursing Council



"Success is knowing your purpose in life, growing to reach your maximum potential, and sowing seeds that benefit others." -- John C. Maxwell.

I'm honoured and grateful to get this opportunity to be the president of the student nursing council of MKSSS's Sitabai Nadgunkar College of Nursing for Women.

It was a year full of growth, exploring new things and understanding team dynamics. SNCON has been a place which has changed my life giving me confidence and most importantly courage to face any situation in life.. I've spent a amazing time here. I'll always be thankful to SNCON for helping me build what I am today.

You can't connect the dots looking forward; you can only connect them looking backwards. So you have to trust that the dots will somehow connect in your future.



Ms. Simran Baghel

VICE PRESIDENT, Student Nursing Council

"The pessimist complains about the wind. The optimist expects it to change. The leader adjusts the sails." -- Maxwell

Each year, we all look back and take stock on what we have accomplished, and what we would like to see in the future. I look back at 2020 and note that of course, it was that momentous year for all of us but I truly believe in the optimism and I see a celebratory year ahead.

As vice-president of Student Nursing Council college of MKSSS's SNCON, I am obliged to ensure my complete contribution in college's vision and mission, and I hope with all of us working together we can mark new milestones every other day in whatever new challenges we face.

My message to all my peers is "The rollercoaster has its ups and downs, but we all enjoy the ride. We are all on it together." Happy sailing and hoping for the best!

FACTS ABOUT NURSING FIELD

- ❖ Nursing is the most trusted Profession.
- ❖ There are over 70 types of nursing specialties available.
- ❖ On average nurses walk 4 miles a day.
- ❖ According to career satisfaction report, "being a nurse is very satisfying"
- ❖ Year 2020 was a year of Nurse and Midwives.
- ❖ Nurse 'Lucretia Lester' was a Midwife star who delivered 1300 babies between years 1745-1779.
- ❖ Lupe Hernandez a nursing student in Bakersfield California In 1966 invented Hand Sanitizer.
- ❖ As per the Guinness Book of World Records Bachelor of Science in Nursing is believed to be one of the toughest course
- ❖ After completing certification in Nurse Practitioner a Nurse can provide health care services including the diagnosis and management of acute, chronic, and complex health problems including a primary health center, community health center, and tertiary care hospitals
- ❖ Sister Jean Ward at Rochford General Hospital in Essex, England discovered that sunlight reduced jaundice in newborns and premature infants.
- ❖ Florence Nightingale Medal an international award named after Florence Nightingale and is awarded to nurses or nursing aides for "exceptional courage and devotion to the wounded, sick or disabled or to civilian victims of a conflict or disaster" or "exemplary services or a creative and pioneering spirit in the areas of public health or nursing education". In 2021, the 49th set of medals were awarded to 25 nurses from 18 countries.
- ❖ Bai Kashibai Ganpat, was the First Indian Nurse.
- ❖ It is estimated the by 2029, there will be a 7 percent growth of employment of registered nurses.
- ❖ Nurses can work in virtually any health care specialty, and there are 104 different specialties for nurses to choose from. Nurses are found in pediatrics, obstetrics, critical care, mental health, surgery, special procedures, infusion centers, and wound care to name a few.
- ❖ Nursing is the largest health care profession. According to the AACN, there are 3.8 registered nurses in the nation.
- ❖ Nurse midwives practice independently and are licensed to prescribe medications and provide women's reproductive health and childbirth care.



Ms. Gauri. K. Dafar
4th Year Basic B.Sc. Nursing

शिल्पकार

दुःखीतांचे दुःख वेचून
नर्सिंगरुपी झाडाचे वृक्षारोपण केले
खतपाणी घालण्या फक्त
आपणास दिले ।
अशी ती शिल्पकार
दुबळ्यांची माया झाली
दुधावरची साय झाली ॥1॥

नर्सिंगरुपी बगीच्यात
पारिजात फुललं
त्या देवतेमुळे आज
जीवन सार्थकी लागलं
त्या सार्थकतेची आज,
तीच साक्षीदार झाली
अन् दुःखीतांची माय झाली
थकलेत्यांची आस झाली ॥2॥

त्यांचे दोन हात आज
लाखो हात झाले
रंजले-गांजले जीव या
दरबारात आले
अशी ती माऊली
तुमची माझी माय झाली.
या विश्वाची जननी झाली.



Miss. Anisha Narad
Basic B.Sc. Nursing
4th year

॥ मी आणि माझे मनोगत ॥

नमस्कार, मी आहे निर्वाणी चौधरी खुप चंचल आणि खोळकर स्वभावाची. नर्सिंग कॉलेज ला दाखला घेतला आणि नंतर समजल की इथे तर आपल्याला खुप शिस्तीत राहाव लागणार आहे. म्हणुन थोडी मी निराश झाली. एका ठिकाणी ना मी राहू शकत नाही हा अती चंचल आणि वेगवान माझा दिमाग. मला वाचायला, लिहायला आणि त्याही पेक्षा अक्टिंग करायला खुप आवळत. मला काही कल्पना नव्हती की आमच्या नर्सिंग कॉलेज मध्ये खुप मोठा वार्षिक कार्यक्रम होतो. आणि ही माझ्या साठी खुप आनंदाची बातमी होती. बर.... पण एक मात्र नवकी होत कोणा समोर जाण्यात अजिबात धाडस नव्हतं.

आणि तेवढ्यात आमच्या सौ. वंदना थगवेल मॅडम वर्गात आल्या आणि म्हणाल्या "निर्वाणी रिकट कंपिटिशन होता है, जो नर्सिंग कॉलेज और इंजिनियरिंग कॉलेज के बीच होता है जिसमे आपको role play करना होता है तो ये जिम्मेदारी मैं आपको देती हु, एक टीम बनाओ इसमे केवल १५ छात्र भाग ले सकते है" मॅडम नी इतका विश्वास दाखवला होता. मग काय..? मला हे करणेच होते. आणि केले ही.

आणि त्या वर्षी पासून २०१५ ते २०१९ पर्यंत ती कधी प्रथम तर कधी द्वितीय नाट्य स्पर्धेची ट्रॉफी नर्सिंग कॉलेज ला मिळू लागले. आज च्या तारखेत सांगायचं झालं तर मी थेटर शो केले आहे आणि करत आहे. मराठी सिने अभिनेते श्री. विजय कदम आणि बॉलिवूडमधील अभिनेता श्री. संजय सुरी यांच्या सोबत काम केल आहे. ३-४ मराठी सिनेमा मध्ये अभिनेत्री म्हणुन काम केले आहे. आणि, भविष्यात ही सुरु राहील.

"MKSSS NURSING COLLEGE FOR WOMEN"

नुस्त एक नर्सिंग कॉलेज नाही तर, इथे तुमच्या गुणांना सुद्धा जोपासले जाते. मला या संस्थे कडून फक्त माझ्या नावाची पदवी नाही तर मला माझ नाव आणि ओळख मिळाली आहे.
धन्यवाद आपली विश्वासू



Miss. Nirwani B. Chaudhari

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